



iQuestions Faculty, Debra Taylor

Question:

Is it normal for me to need manual clitoral stimulation to reach orgasm?

Answer:

Yes, it's absolutely normal for you to need direct clitoral stimulation in order to reach orgasm.

That's a really common question. A lot of women and men are confused about that. A lot of people believe they should be able to reach orgasm by intercourse alone.

In reality, only about one-third of women can reach orgasm with just intercourse alone. So, they are the weird ones, and the normal ones are the two-thirds of women who need direct clitoral stimulation in order to reach orgasm.

So, if you are one of those, you are perfectly normal. Be proud, enjoy it; have a good time.